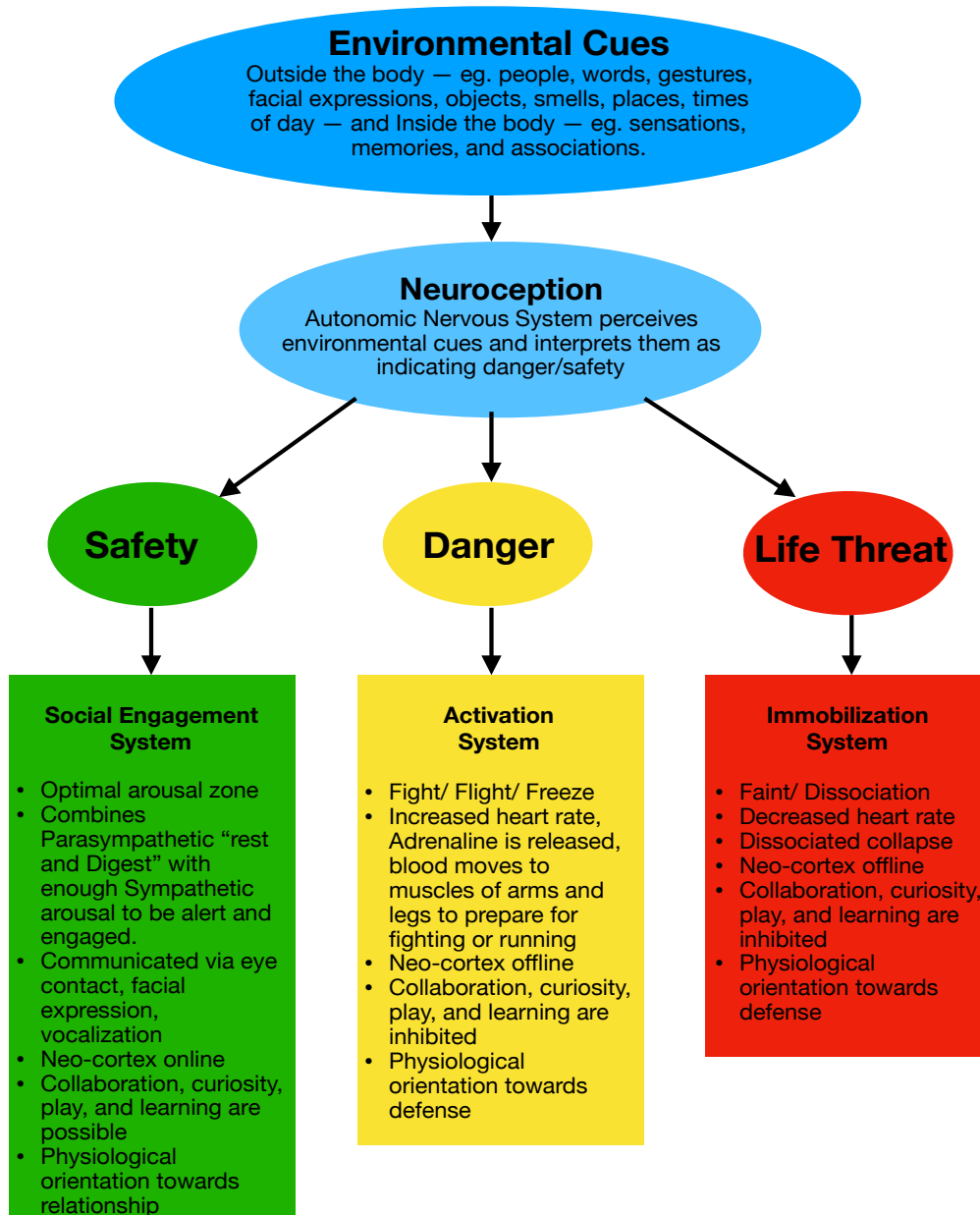


The Polyvagal Model of the Autonomic Nervous System (Dr. Stephen Porges)



The Body-Informed Leadership Series teaches the paradigms and practices that help us attune to, and be in skillful relationship with, our body’s signals as a crucial domain of leadership in our group cultures.